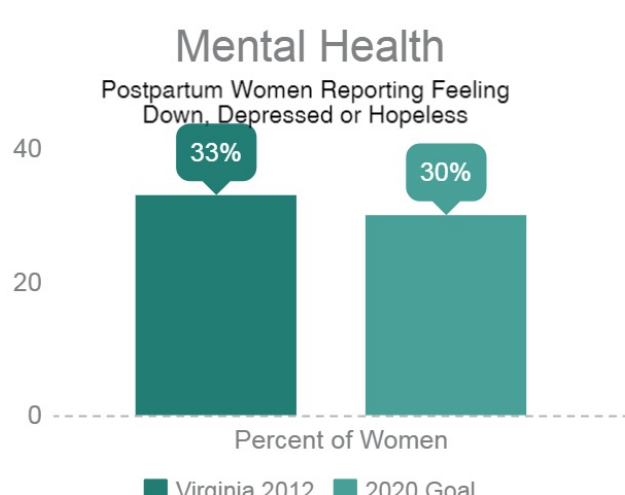
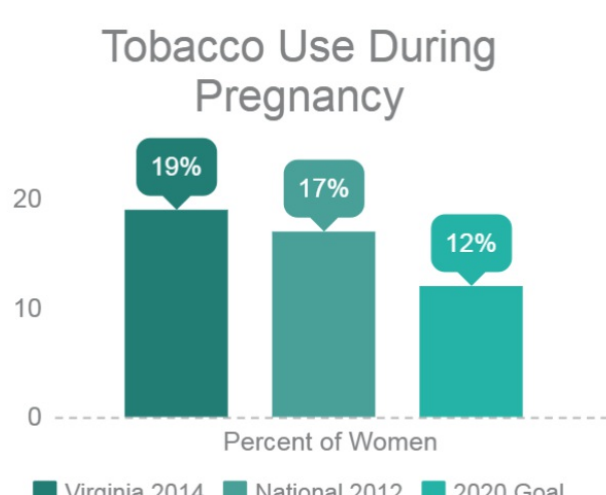
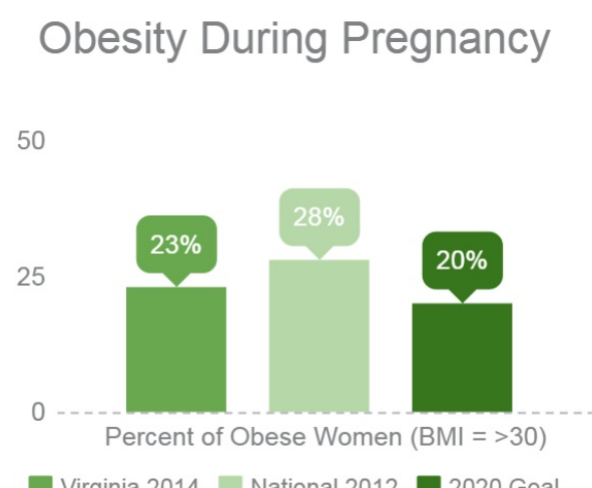
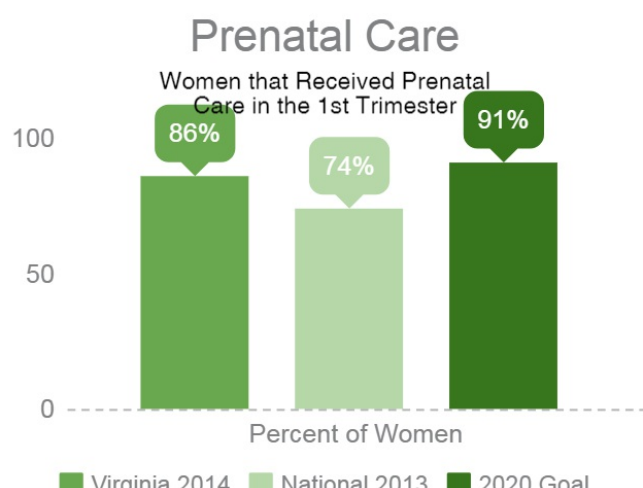


Healthy Mothers and Babies in Virginia

The health of babies at birth is influenced by the health of their mothers before, during and after pregnancy.

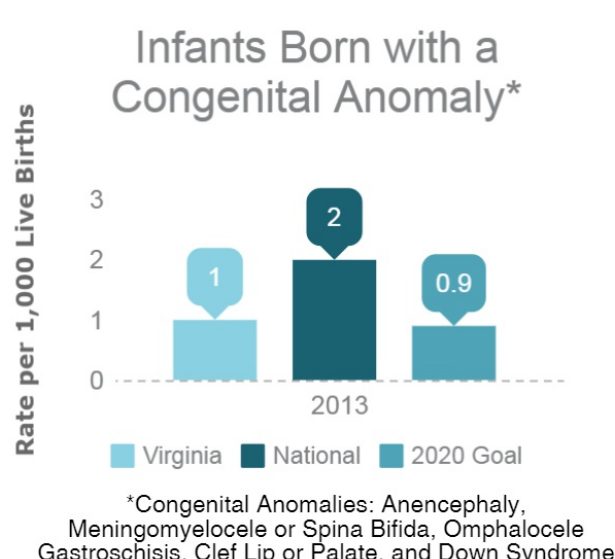
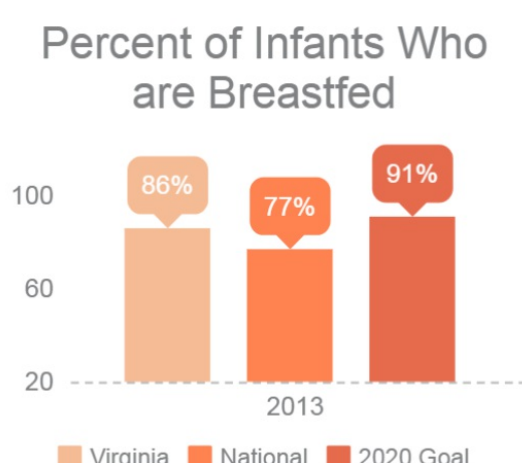
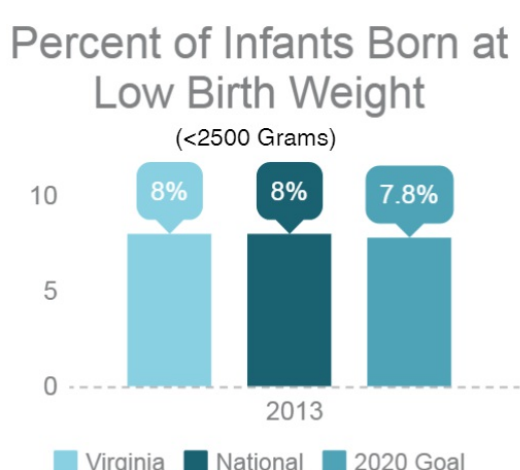
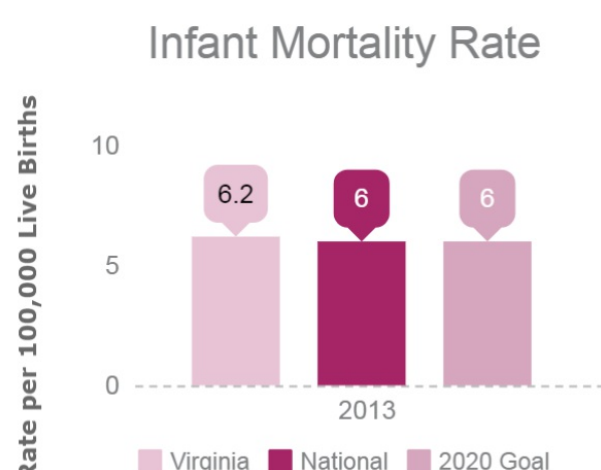
Healthy Mothers



*Data are updated upon release of the most recent data.

Healthy babies have healthy starts. The health of infants can be better understood by looking at unhealthy indicators at birth.

Healthy Babies



Everyone deserves to live the healthiest life possible. If everyone takes action, we can improve the health of mothers and babies in Virginia. Many communities have already started.

Home Visiting

The Virginia Healthy Start Initiative/Loving Steps Program works to eliminate significant disparities in perinatal health experienced by African-American women and their families in order to prevent infant mortality and low weight births.



WIC Breastfeeding | Loving Support Program

The WIC Breastfeeding Peer Counselor program offers mother-to-mother breastfeeding support at all WIC locations in Virginia.



Quit Now Virginia

With specialized services offered to pregnant women, the Quit Now Virginia program helps offer the best chance of quitting successfully.



Planning and supporting healthy pregnancies gives children a strong start. Improved health for Virginia's children benefits everyone and reduces long-term costs to the Commonwealth.

Actions

Virginians are as healthy as possible before becoming pregnant



Pregnant women in Virginia receive recommended prenatal care services



The racial disparity in Virginia's infant mortality rate is eliminated



Virginia mothers breastfeed



Join the movement to become the healthiest state in the nation. Check out the resources below and take action in your community today.

Resources

[Virginia's Plan for Well-Being](#)

[CDC Birth Defects Surveillance](#)

[Pregnancy Risk Assessment Monitoring System](#)

[Virginia Department of Behavioral Health and Developmental Services](#)